



Children's Service

Solihull

# Service Planner 2018-19



[tabw.org.uk](http://tabw.org.uk)





## **Our Mission**

Take a Break Warwickshire provides community-based short breaks for children and young adults who have a disability or life-threatening illness, and adults with a learning disability. This support enables people to live their lives to their full potential, gain skills and move towards independence with confidence.

## **Overview**

Our groups and clubs provide safe and stimulating play sessions where children and young people are encouraged to choose their play activities, with the emphasis on fun and enjoyment with other children, on a closed access site.

The staff team are skilled and experienced in supporting people's individual needs whilst enabling them to be independent, develop their skills and make new friends.

**Wednesdays** 4.30-6.30pm  
North Solihull Sports Centre,  
Conway Rd, Birmingham  
B37 5LA

## **Swim Group**

Weekly



**2 hours**

**Age - 5-17 years**

Health and fitness or fun and splash. Children of all ages and swimming abilities have the opportunity to access local swim facilities in a group setting.

This is a great way to keep healthy and get active with friends.

**Thursdays** 5-7pm  
Kingshurst Evangelical  
Church, Cooks Lane,  
Kingshurst, B37 6NP

## **Teen Tabs**

## **Cooking Group**

Weekly



**2 hours**

**Age - 13-17 years**

The group focuses on planning a meal together, budgeting for ingredients, preparing the meal safely and eating together. The group aims to teach young people life skills and recipes they would be able to cook at home. This also includes tidying and washing up!

**Saturdays** 10am-12pm

Kingshurst Evangelical  
Church, Cooks Lane,  
Kingshurst, B37 6NP

## **Primary Saturday Club**

Weekly



**2 hours**

**Age - 5-12 years**

The club provides a friendly and relaxing environment for children & young people to have fun with friends after a long week at school. Children and young people have the opportunity to take part in activities such as group games, sports, art & craft, sensory play, cooking and outside play.

**Saturdays** 1-3pm

Kingshurst Evangelical  
Church, Cooks Lane,  
Kingshurst, B37 6NP

## **Secondary Saturday Club**

Weekly



**2 hours**

**Age - 13-17 years**

The club provides a friendly and relaxing environment for children & young people to chill out and have fun with friends after a long week at school. Children and young people have the opportunity to take part in activities such as group games, sports, art & craft, sensory play, cooking and outside play.

**Weekdays\***

10am-2pm

Kingshurst Evangelical Church,  
Cooks Lane, Kingshurst, B37 6NP

## **Playscheme**

School holidays



**4 hours**

**Age - 5-12 & 13-17 years**

Our playschemes provide a longer day of adventure for children & young people to make friends outside of their usual friendship circle and enhance their social skills along the way.

Children are encouraged to choose play activities with the emphasis on fun and enjoyment. Each session is child-centered. This means play is personally directed by the children so they choose when, how and what they play with giving them a sense of ownership.

The activity sessions offer the chance to stay connected with friends and keep some structure to their holiday periods.

\*See separate Service Schedules for all dates

**Flexible, year-round service**  
Local community / Home based

## **Individual Support**



Individual Support sessions provide an opportunity to explore individual interests and develop independence outside of the group activities. These short activity-based sessions are planned in consultation with children & young people and their families. Short activity-based sessions can be home or community-based.

## **Who is the service for?**

Within our groups, we cater for children with a wide range of disabilities. We may be able to cater for dietary requirements, administer medication and carry out personal care once full assessments have been completed. Our site-based activities cater for children & young people between the age of 5-17 (up to their 18th birthday) and are registered with OFSTED under Child Care Register or Voluntary Register.

## **How do I access this service?**

We work in partnership with parents/carers and professionals so that we can work together towards meeting planned outcomes for children and young people.

Families can access the service using their local authority allocated hours, using direct payments, a personal budget or by purchasing hours directly.

Contact our Care Coordinators to discuss your service and complete a formal Support Plan.

All costs will be discussed and detailed in your Service Contract.

All group-based and individual sessions must be booked in advance.

## **Do you provide transport?**

Transport to and from activities is not provided as standard. Transport requests may be accommodated subject to availability and at an additional charge.



## Contact

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## Head Office Address

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